



## Pearls to Take with You

- Adopting the scientist-clinician mindset will have a significantly positive impact on the productivity of the practice.
- Develop your own short, but accurate, layman's sound bite to educate patients about the threat periodontal disease poses to their overall health.
- Stop relying on cookie-cutter approaches to the diagnosis, treatment, and long-term stabilization of periodontitis.
- Don't rely on radiographs to diagnose Stage I and perhaps Stage II periodontitis.
- If the periodontal examinations you've performed in the past have not included all the components of a comprehensive periodontal exam, start doing this tomorrow.
- Hone your probing skill and consider using Florida Probe.

## Handout: Pearls to Take with You

- To help you get started with implementing the new periodontal classification system, add 10 minutes to appointments when you're performing periodontal examinations for the first week.
- Implement continuous periodontal disease risk assessment.
- With patients with reduced periodontium, target your treatment strategy on long-term remission or and control of modifiable risk factors.
- More often than not, patients won't fit so neatly into specific diagnostic categories of staging and grading. That's where your critical thinking and clinical judgement is required. Get comfortable with this – the scientist-clinician mindset.
- For long-term stabilization during periodontal maintenance consider adding Perio Protect© to your arsenal of therapeutic strategies.
- Starting tomorrow, identify and address the things that hijack your diagnosis of periodontal disease.
- Decide which cases in your practice should be referred to a periodontist or other specialist.
- Every day, as you walk into the office, remind yourself, "I am a scientist-clinician".
- Live it, and let it develop you professionally.
- You'll never go back to static thinking and cookie-cutter approaches to the DX, TX and long-term stabilization of periodontitis.
- Stay the course and let me know how you do.

